

# FITNESS

#### Keep your workforce healthy and happy with a Fountain View Fitness corporate membership.

## Become a corporate member to get the best rates on fitness memberships.

Corporate packages include access to the Fitness Center, unlimited group fitness classes, aqua fitness classes, indoor walking track, lap swim, open gym, private locker rooms.

Research has shown that employees who exercise regularly have:

- Improved morale
- Reduced absentee rates
- Improved productivity
- Improved retention

Reduced health care costs

## Number Of Memberships (fee per person)

5-49	<b>\$35 Monthly</b> (26% Package Savings)
50+	<b>\$25 Monthly</b> (47% Package Savings)

Waived enrollment fees for resident businesses. Reduced enrollment fees for non-resident businesses.

## How it Works

Companies sign up with as little as five employees to start saving. Companies or the employee pay for their membership on a monthly basis via an automatic payment plan.

Completed membership agreements required at the first visit. Employee family members may be added to employees membership account for a \$24 monthly fee. Same household proof of residency required.

We look forward to seeing you! 910 N Gary Ave, Carol Stream briank@csparks.org | 630-784-6136



"This isn't just where I work out, it's where I belong."